99 Fort Washington Avenue, New York, NY 10032 212-927-5600 (phone), 212-927-5612 (fax) info@riverstonenyc.org, www.riverstonenyc.org



Senior Life Services

Dear Friends and Benefactors,

I have been on the board of Riverstone for five years, a relatively short time in its 25-year history. However, it has been long enough to convince me that it is a unique, most precious crown-jewel in the realm of providing interdisciplinary services to meet the needs of both active and special-needs seniors in Northern Manhattan and the Bronx.

Please allow me to take you on a "virtual mini-tour," if you will, of a typical day in the life of Riverstone...

Walk in the front door any weekday and you will encounter an energetic atmosphere, accented by the warm, welcoming smiles of staff and seniors, peeking through the flurry of activity in the main corridors...

Then, walk over to one of the activity rooms where in the *Open Door Program* you will observe developmentally disabled seniors creating beautiful music and amazing arts and crafts...

Now, we go up to the newly-opened state-of-the-art *Memory Center*, where clients relive past memories anew through a writing workshop, roam around in a visually stimulating, safe environment, have special meals prepared and may even have a soothing spa experience...

Back downstairs, as we wind down our tour, you cannot miss the relief on the faces of caregivers as they share their experiences with peers in the *Caregiver Support Group*...

You cannot help but notice as a client and family walk out of a *Case Management* session thankful that they will not suffer eviction and will receive the resources and benefits they are eligible for and need...

Finally, we end our tour at the *Senior Center* where, after enjoying a nutritious meal in the company of friends, seniors of all levels of capacity engage in lively chatter, games, and music and dance as they celebrate birthdays and holidays...

We at Riverstone are mindful that we cannot serve our constituents without the faithful, generous support of our family of friends and benefactors from the past and the present, and on behalf of the staff and the board, we thank you and are deeply grateful for your *Open Hearts*...yesterday, today and tomorrow.

Sincerely,

Millie Dasfrieth

Millie Onofrietti President

P.S. I personally invite you to come by Riverstone and experience what we do live and in person...anytime is good!

OFFICERS

Millie Onofrietti President

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Ruth Rossini, *Emeritus* Founding President

Rebecca Carel, CSW, MBA **Executive Director**

Twenty-five years providing services to help older people remain safely in their own homes and community for as long as they choose through four unique programs:

Community Caregiving: A dual-language memory loss program

Community Case Management: Assistance for frail and isolated seniors

Open Door: For developmentally disabled older adults

Senior Center: Nutritional hot lunches, educational and social programs, casework assistance