

Riverstone

Senior Life Services

formerly Fort Washington Houses Services for the Elderly, Inc.



Annual Report 2007-2008

“When you’re finished changing, you’re finished.”

Benjamin Franklin

MISSION

Provide services that help older people remain safely in their own homes and community for as long as they choose.



Riverstone Senior Life Services
formerly Fort Washington Houses Services for the Elderly, Inc.
99 Fort Washington Avenue, basement
New York, NY 10032
Telephone: 212-927-5600
Fax: 212-927-5612
Email: info@riverstonenyc.org
Website: www.riverstonenyc.org

What people say



It's really great for these people—the arts and crafts, music, dancing, Bingo, everything. I am a retired EMS worker and I went into many elderly peoples' homes and saw many people living alone, depressed and just staring at the walls all day, with no one to take care of them. Sometimes they would call 911 just so they could see a doctor. A program like this would be great for them. It would give them something different and fun to do, and to be with other people, that's important.

Mr. M. participant Community Caregiving

You make their golden years
truly sparkle with
what you do.

Ryan Young, VNS Choice

But as we face the day by day struggles
and changes of living with Alzheimer's,
slowly, miraculously, and with the help of people like the ones at Fort
Washington [Riverstone],
something happens: Somehow, we learn to live
with Alzheimer's, and to love the people
who suffer from it all the more!
This is what I have learned from the Center.
I thank you all. Bravo!

Ms. Q., caregiver

Population served

“...everything is easier when you're home...”

(from Tony Award-winning musical “In the Heights”)

The communities we serve –

Washington Heights

Inwood

West Harlem

– stretch from 125th street to the very tip of Manhattan.

The seniors we serve reflect the demographics of the area –

Diverse

Varied incomes

From ages 60 to 103



Our Programs



Serving the Under-served

COMMUNITY CASE MANAGEMENT provides intensive social work services to frail or isolated older people to allow them to stay safely in their homes. Services include a thorough individual assessment and frequent follow-ups, daily money management, chore service that provides in-home services on a flexible schedule (i.e. shopping, cleaning, laundry, escorting) and access to emergency funding and stipends.

Elders with a developmental disability

OPEN DOOR is an Adult Day Services program for older persons with a developmental disability. The program provides group activities such as music therapy, yoga, and pet care, and integrates participants into activities of the Senior Center. An intimate program, Open Door is also appropriate for persons who do not have a developmental disability but who can benefit from a small, congenial group.



Our Programs

Dual-language memory loss Programs

COMMUNITY CAREGIVING operates Monday to Saturday with groups conducted in either English or Spanish. This Adult Day Services program (the only dual-language program in Manhattan) is for people with memory loss caused by Alzheimer's disease or other conditions, and emphasizes therapeutic, enjoyable activities to improve self-esteem, relieve depression and bring out each individual's unique qualities. Fees are based on a sliding scale and participants are admitted based on functioning regardless of income. Caregiver support groups (in both Spanish and English) are an important part of this special program.



Hot, Nutritional Lunch and Activities

THE SENIOR CENTER AT 99 FORT WASHINGTON offers congregate lunch, an experienced caseworker staff to help with entitlements and paperwork, and a variety of recreational/educational activities including ESL classes, nutrition education, health workshops, mental health counseling and free legal consultations.





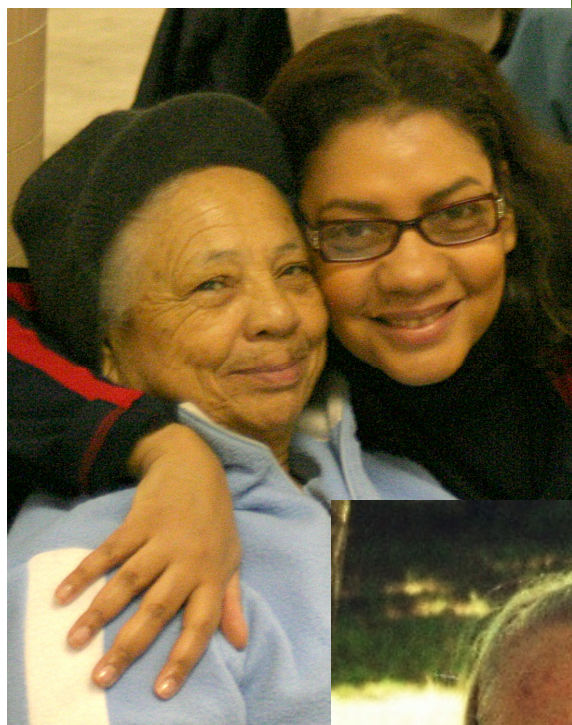
Caring
Quality
Strength
Diversity
Compassion
Collaboration
Professionalism
Trustworthiness
Resourcefulness
Sense of belonging
Exceptional service
Follow-through
Responsiveness
Commitment
Dedication
Leadership
Nurturing
Respect
Loyalty

***Defining attributes identified by the Taproot Foundation team through interviews with staff, board, funders, colleagues and seniors during the renaming process**

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